



# Vibration & Red Light Therapy Belt



Product User Manual

SCAN ME



## Specification

Product Size	51.18" x 7.68"
Input Voltage	DC 12V
Power	16W
Weight	0.71 lbs
Material	Fabric
LED	105pcs (660:850=1:2)

**IMPORTANT:** Prior to initial use, carefully review all user instructions. Retain this product user manual for future reference. For warranty inquiries, please reach out to [sales@nebula-appliances.com](mailto:sales@nebula-appliances.com), and our dedicated UK customer support team will promptly assist you. Thank you for your purchase!

## Contents

Red Light Vibration Belt
Cable
Controller
Product User Manual



*Power bank not included. Sold separately.*

## Warnings - Please Read

This device must not be used by anyone who is sleeping, unconscious, or intoxicated. The device must not be used by individuals with skin numbness caused by medication or other reasons.

The LED vibration therapy belt is an electrical device. To avoid electric shock:

1. Do NOT stand on the device.
2. Do NOT wash electrical parts with water.
3. Do NOT touch the plug or device with wet hands.
4. Do NOT use therapy belt if the cord or plug appears damaged.
5. Do NOT use the unit if it has been damaged, torn, or has come in contact with water.
6. Do NOT pull, lift, or carry the device by the power cord.
7. Do NOT use the cord as a handle, trap it in a door, or pull it against sharp edges or corners.
8. Do NOT use near heated surfaces.

9. Do NOT crease or fold the device.
10. Use the provided packaging for storing the device to protect it from potential creases and folds.
  - Do NOT allow children to use it - this is not a toy.
  - Do NOT use the unit on an open wound, as heat may increase circulation and cause bleeding.
  - This belt contains neoprene. If you are allergic to neoprene, do NOT use this product without first consulting a physician.
  - Do NOT use liniments, salves, or ointments that contain heat-producing ingredients as a skin burn could result.
  - Do NOT use any objects to cover the device during use.

## Light Sensitivity

1. Test your skin for light sensitivity prior to initial treatment:
2. Power on the device.
3. Place the device on a range of 1 / 4 of your forearm skin for 3 minutes.
4. After three minutes, check the area. If the area has turned red and the redness lasts for more than two hours, your skin may be sensitive to light.
5. Stop using the device.

## Functions

**Functions:** Relieve Muscle Soreness, Accelerate Wound Recovery, Improve Circulation, Enhance Resistance, Improve Sleep, Lose Weight, etc.

**Features:** 3 Light Modes, Brightness Selection & Time Setting

## Instructions



1. Press and hold for 2 seconds to start.
2. Display time is set for 20 minutes, and the countdown begins.
3. The time indicator lights up when the countdown starts.
4. Press once briefly to activate Pulse P mode at 10Hz (pulse indicator lights up).
5. Press again briefly to switch to Pulse P mode at 40Hz.
6. Press once more briefly to return to continuous light mode.
7. Press and hold for 2 seconds again to shut down.



1. Press and hold the vibration button for 2 seconds to start
2. Display time is set for 20 minutes, and the countdown begins
3. The time indicator lights up when the countdown starts.
4. Press once briefly to activate Pulse P mode at 10Hz (pulse indicator lights up).
5. Press again briefly to switch to Pulse P mode at 40Hz.
6. Press once more briefly to return to continuous light mode.
7. Press and hold for 2 seconds again to shut down.



1. Press the time indicator light briefly to activate the time addition/subtraction function.
2. Each time you press the T key, the time will increase by 5 minutes, cycling through 5, 10, 15, 20, 25, and 30 minutes.
3. After adjusting the time, the countdown will begin.



1. Press the heat indicator light briefly to adjust the heat settings.
2. The settings will cycle through 30%, 60%, and 100%, adjusting the power level.
3. If no operation occurs for 3 seconds, the system will automatically confirm the setting.
4. The heat indicator light turns off, and the display returns to the time countdown with the time indicator light on.
5. After shutdown, press the power button for 2 seconds to display the power level.



Heat

Display screen

Power button

Timer setting

Vibration



NEBULA



- X** Do not use if you are pregnant, have cancer or have recently undergone surgery
- X** Do not apply heavy pressure to the red light device, otherwise it could cause damage.

## Product Maintenance

- Do not soak or rinse in water or use any cleaning agents on the red light device. Wipe over with a damp cloth if stains appear. Please make sure device is fully switched off and unplugged before cleaning.
- After use, please store in a ventilated and dry place.
- Do not use alcohol, spray aerosol or strong solvent wipes to clean the red light device.

## Warranty



The Nebula Vibration and Red Light Belt comes with a **standard 1 year warranty**. Should you have any issues with your device, please contact our dedicated customer support team on [sales@nebula-appliances.com](mailto:sales@nebula-appliances.com) for assistance.

### Void of Warranty:

The following conditions will void the product warranty.

- Failure to provide original receipt of purchase.
- Product failure or damage due to the use of excessive force or user negligence (i.e. dropping the device, submerging the device in liquids, etc).
- Product failure or damage caused by using incompatible parts or wires (i.e. using the wrong power cable).
- Product failure or damage due to improper use or unauthorised repair or alteration.

